

DEV SAMAJ COLLEGE OF EDUCATION FOR WOMEN, FEROZEPUR



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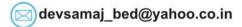
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Empowering Learners Beyond Cognition

Chief-Editor: Mrs. Balwinder Kaur Cheema Editors: Dr. Rajwinder Kaur • Mr. Ajaydeep



About the Book

The present book is an outcome of one day National level Seminar on the theme "EMPOWERING LEARNERS BEYOND COGNITION" organized by Internal Quality Assurance Cell (IQAC) of Dev Samaj College of Education for Women, Ferozepur City, Punjab on 28th April, 2018. The theme of the seminar embodies in increasing global demand for the 'best and brightest' learners and hence more than acquiring specialized knowledge in a particular area, learners are to be equipped with cognitive, metacognitive, social and affective competencies to face the global competition. The sub themes of the seminar were: Towards Emerging Global Perspective, As future Global Managers, Towards Future Promises of ICT, Towards Changing Educational Scenario, Towards Value Consciousness, Towards Success and Happiness. The Internal Quality Assurance Cell (IQAC) is highly indebted to the educationists, teacher educators and scholars, who prepared and presented their valuable views in the form of papers in this seminar.





Twentyfirst Century Publications

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Value Based Education Need of the Day

An Anthology of Selected Papers Submitted for National Seminar

Organized by
Internal Quality Assurance Cell
Dev Samaj College of Education For Women,
Ferozepur City

Chief Editor: Mrs. Balwinder Kaur Cheema
Editors: Dr. Anita Dhawan • Dr. Rajwinder Kaur
Technical Editor: Mr. Ajaydeep



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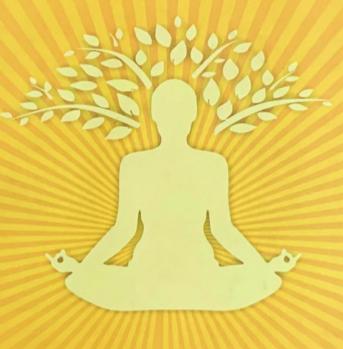
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STRESS MANAGEMENT THROUGH YOGA

AMONG TEACHER EDUCATORS
AND PUPIL TEACHERS



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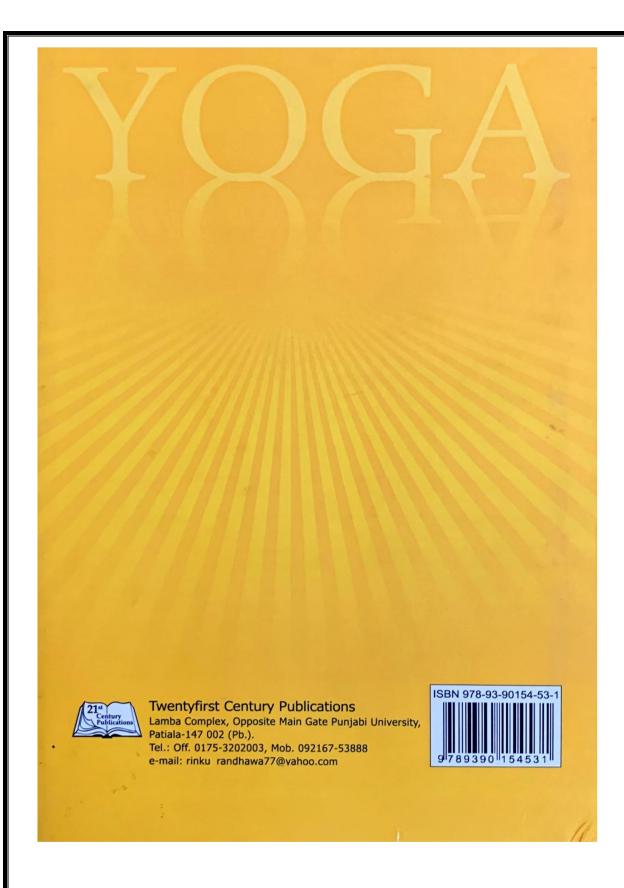
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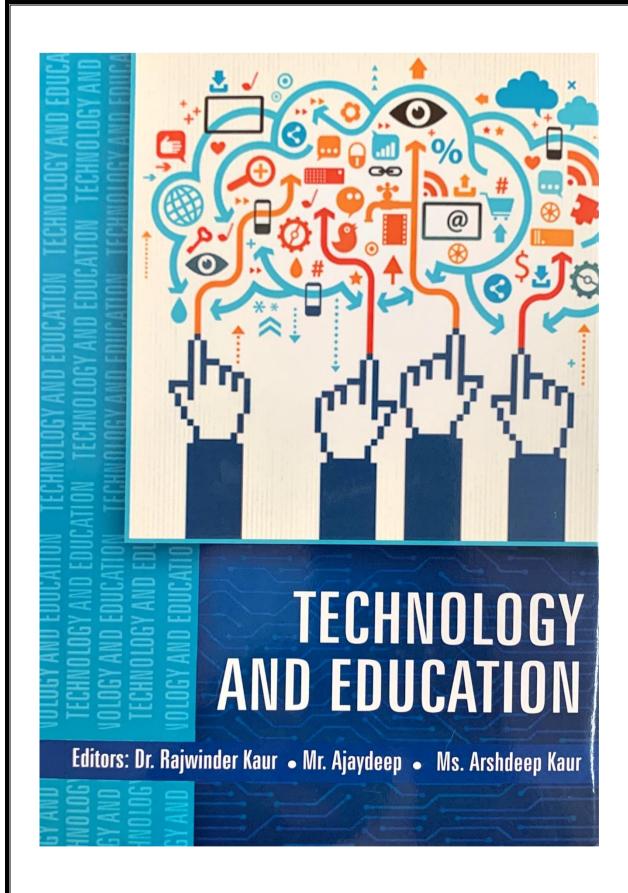
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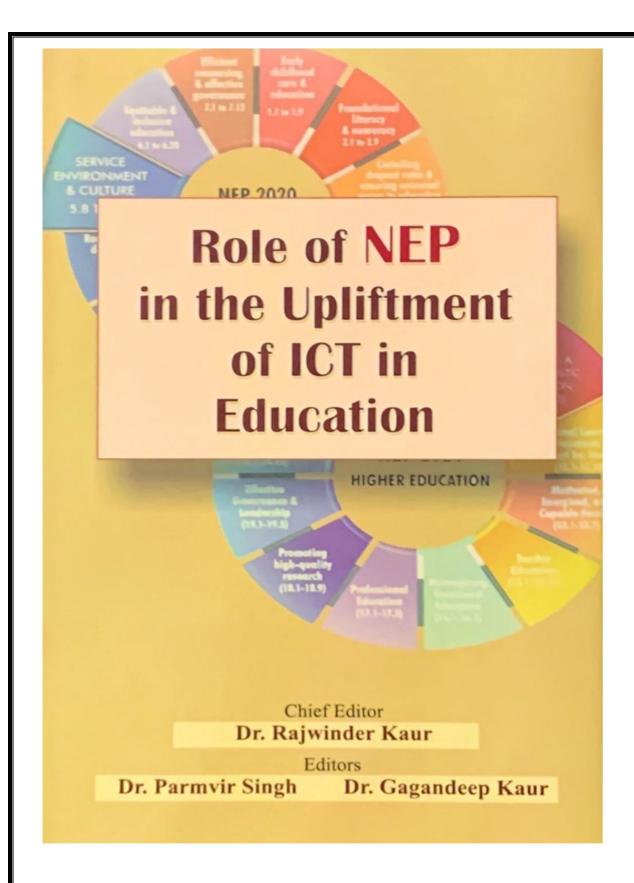
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Editor

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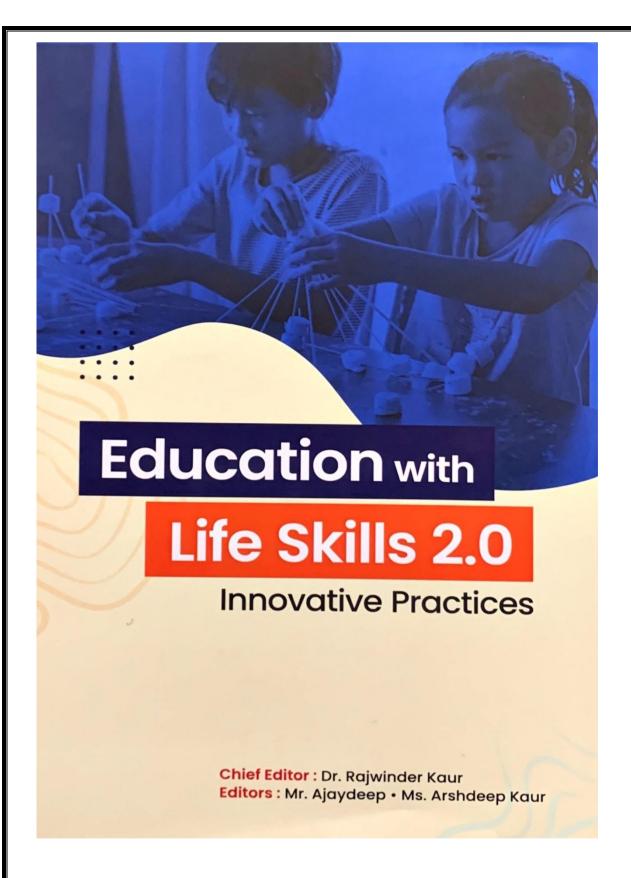
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ABOUT THE CHIEF EDITOR



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THE UNSUNG HEROES OF FREEDOM STRUGGLE

Dr. Rajwinder Kaur Dr. Parmvir Singh



About the Book

On August 15, 2022, India will complete 75 years of independence from the British Empire. The Government of India is celebrating this Diamond Jubilee occasion of Independence as "Azadi Ka Amrit Mahotsav" which was started on 12 March 2021 remembering Gandhi's Dandi March. This festival will be celebrated for 75 weeks from one year before and one year after the completion of 75 years of independence. The basic purpose of celebrating the Amrit Mahotsav of Independence is that we all the countrymen, realizing the importance of freedom, should remember the life values of the freedom fighters. Get inspiration and build an India full of enthusiasm and enthusiasm which will always be progressive. Hundreds of programs are being organized every day across the country under this campaign. We are publishing a book including the articles/papers presented by the participants at ICSSR Sponsored Two Days National Seminar on the theme "Azadi Ka Amrit Mahotsav: The Unsung Heroes of Freedom Struggle" in which diverse thoughts of enlightened thinkers compiled will definitely be successful in awakening the Indian public.

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